# WATER VERSUS COCA-COLA

#### WATER

- 1. 75% of Americans are chronically dehydrated.
- 2. In 37% of Americans, the thirst mechanism is so weak that it is often mistaken for hunger.
- 3. Even MILD dehydration will slow down one's metabolism as much as 3%.
- 4. One glass of water will shut down midnight hunger pangs for almost 100% of the dieters studied in a University of Washington study.
- 5. Lack of water is the #1 trigger of daytime fatigue.
- 6. Preliminary research indicates that 8-10 glasses of water a day could significantly ease back and joint pain for up to 80% of sufferers.
- 7. A mere 2% drop in body water can trigger fuzzy short-term memory, trouble with basic math, and difficulty focusing on the computer screen or on a printed page.
- 8. Drinking 5 glasses of water daily decreases the risk of colon cancer by 45%, plus it can slash the risk of breast cancer by 79%, and one is 50% less likely to develop bladder cancer.

# And now for the properties of COKE.....

- 1. In many states (in the USA) the highway patrol carries two gallons of coke in the truck to remove blood from the highway after a car accident.
- 2. You can put a T-bone steak in a bowl of coke and it will be dissolved in two days.
- 3. To clean a toilet: Pour a can of Coca-Cola into the toilet bowl and let the "real thing" sit for one hour, then flush clean. The citric acid in Coke removes stains from vitreous China.
- 4. To remove rust spots from chrome car bumpers: Rub the bumper with a crumpled-up piece of Reynolds Wrap aluminum foil dipped in Coca-Cola.
- 5. To clean corrosion from car battery terminals: Pour a can of Coca-Cola over the terminals to bubble away the corrosion.
- To loosen a rusted bolt: Applying a cloth soaked in Coca-Cola to the rusted bolt for several
  minutes.
- 7. To bake a moist ham: Empty a can of Coca-Cola into the baking pan, wrap the ham in aluminum foil, and bake. Thirty minutes before the ham is finished, remove the foil, allowing the drippings to mix with the Coke for a sumptuous brown gravy.
- 8. To remove grease from clothes: Empty a can of coke into a load of greasy clothes, add detergent, and run through a regular cycle. The
- 9. Coca-Cola will help loosen grease stains.
- 10. Coke will also clean road haze, grease and grime from your windshield.

### For Your Info....

- 1. The active ingredient in Coke is phosphoric acid. Its pH is 2.8. It will dissolve a nail in about 4 days. Phosphoric acid also leaches
- 2. calcium from bones and is a major contributor to the rising increase in osteoporosis.
- 3. To carry Coca-Cola syrup (the concentrate) the commercial truck must use the Hazardous material place cards reserved for Highly corrosive materials.
- 4. The distributors of coke have been using it to clean the engines of their trucks for about 20 years!

The question is, would you like a Coke or a glass of water? Now, Let us talk about wine or alcohol.

# Water or Wine For the Lord's Supper

Text Genesis 19:30

# Taken from The Beauty of Holiness: A small Catechism of the Holiness Faith and Doctrine (ch. 3 and 9).

The teachings of Bishop Tate (founder) on this subject centered around the ideas which follow. The bible teaches against wine drinkers and being "given to wine". But one of the soldiers with a spear pierced his side, and forthwith came there out blood and water. – St. John 19:34

#### Isaiah 28:7

<sup>7</sup> But they also have erred through wine, and through strong drink are out of the way; the priest and the prophet have erred through strong drink, they are swallowed up of wine, they are out of the way through strong drink; they err in vision, they stumble in judgment. <sup>8</sup> For all tables are full of vomit and filthiness, so that there is no place clean...

#### Habakkuk 2:5

<sup>4</sup> Behold, his soul which is lifted up is not upright in him: but the just shall live by his faith. <sup>5</sup> **Yea also, because he transgresseth by wine**, he is a proud man, neither keepeth at home, who enlargeth his desire as hell, and is as death, and cannot be satisfied, but gathereth unto him all nations, and heapeth unto him all people:

# Ephesians 5:18

<sup>17</sup> Wherefore be ye not unwise, but understanding what the will of the Lord is. <sup>18</sup> **And be not drunk with wine, wherein is excess**; but be filled with the Spirit; <sup>19</sup> Speaking to yourselves in psalms and hymns and spiritual songs, singing and making melody in your heart to the Lord;

# 1 Timothy 3:3

<sup>1</sup> This is a true saying, if a man desire the office of a bishop, he desireth a good work. <sup>2</sup> A bishop then must be blameless, the husband of one wife, vigilant, sober, of good behaviour, given to hospitality, apt to teach; <sup>3</sup> **Not given to wine**, no striker, not greedy of filthy lucre; but patient, not a brawler, not covetous; <sup>4</sup> One that ruleth well his own house, having his children in subjection with all gravity; <sup>5</sup> (For if a man know not how to rule his own house, how shall he take care of the church of God?)

#### **Titus 1:7**

For a bishop must be blameless, as the steward of God; not selfwilled, not soon angry, **not given to wine,** no striker, not given to filthy lucre; <sup>8</sup> But a lover of hospitality, a lover of good men, sober, just, holy, temperate;

A deacon is not given to "much" wine, Paul states of a man who desires the work of a deacon, but those who desire the work of a bishop must not be" given to wine" -at all!. In all of the Bible's references to wine, none referred to it specifically as symbolizing any part of Christ's blood. There were those who did take wine, it was a custom to have it in the house and even on the dinner table. Without actual reason some assume the cups on the table of the Feast of the Passover and the Last Supper contained wine. We cannot argue the point of whether they did or did not contain wine. But we do ask, was wine a part of the New testament of Christ's Blood? So then, we can only turn to the blood of the New Testament which was shed. Christ taught that <sup>53</sup> Then Jesus said unto them, Verily, verily, I say unto you, Except ye eat the flesh of the Son of man, and drink his blood, ye have no life in you. <sup>54</sup> Whoso eateth my flesh, and drinketh my blood, hath eternal life; and I will raise him up at the last day. <sup>55</sup> For my flesh is meat indeed, and my blood is drink indeed. <sup>56</sup> He that eateth my flesh, and drinketh my blood, dwelleth in me, and I in him (John 6:53).

#### Hebrews 19:14-18. Here, the writer explains that in Christ's blood is the new testament.

<sup>14</sup> How much more shall the blood of Christ, who through the eternal Spirit offered himself without spot to God, purge your conscience from dead works to serve the living God? <sup>15</sup> And for this cause he is the mediator of the new testament, that by means of death, for the redemption of the transgressions that were under the first testament, they which are called might receive the promise of eternal inheritance...

#### Proverbs 20:1

<sup>1</sup> Wine is a mocker, strong drink is raging: and whosoever is deceived thereby is not wise.

# Revelations 22:1- this scripture poignantly indicates that from Christ shall flow "living water"

<sup>1</sup> And he shewed me a pure river of water of life, clear as crystal, proceeding out of the throne of God and of the Lamb.

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